



## Neurosequential Model in Education

The Neurosequential Model in Education (NME) draws upon the neurodevelopmentally informed, biologically respectful perspective on human development and functioning to help educators understand student behavior and performance. The goals of NME are to educate faculty and students in basic concepts of neurosequential development and then to teach them how to apply this knowledge to the teaching and learning process. NME is not a specific “intervention;” rather, it is a way to educate school staff about brain development and developmental trauma. NME will further teach them how to apply that knowledge to their work with students in and outside the classroom, particularly those students with adverse childhood experiences. This training is for special and general education teachers, school counselors, school social workers, school psychologists, as well as district and school administrators. It is a trainer-of-trainers model where participants will be equipped to bring strategies back to their schools.

### **NME training consists of:**

1. Full day “Boot Camp” training in June 2022: Virtual kickoff, introduction to core concepts, orientation to online accounts, and implementation discussion
2. 5-hour Introduction to the Neurosequential Model in Education Series: Five 60-minute sessions reviewing core concepts of the Neurosequential Model
3. 15-hour NME Case-Based Training Series: Ten 90-minute sessions. Each session applies the NME to the case of a different child within a school context (focus is on applying the NME, building on NME Intro Series)
4. 5-hour Classroom Map Training Series: Five 60-minute sessions Designed to instruct NME Trainers how to use the NME Classroom Map
5. Book Study of *What Happened to You?* by Dr. Bruce Perry and Oprah Winfrey
6. Video content via streaming account. Each series is approximately 3.5 hours total, over seven sessions.
  - a. Series 1: *Understanding Traumatized and Maltreated Children*
  - b. Series 2: *Six Core Strengths for Childhood Development*
  - c. Series 3: *Introduction to the Neurosequential Model*
7. NME slide package
8. Post-training webinar meetings: A series of four 1.5 hour support meetings will occur within the first 2 months post-training. Meetings will be held virtually. We will discuss concepts such as Classroom Map, implementation strategies, and providing support for final projects.
9. Access to and completion of Classroom Map reports. 250 reports included per trainer.