

THERAPEUTIC MASSAGE 51.3501.00

Program Description, Industry Credentials, Coherent Sequence, and Teacher Certification Requirements

PROGRAM DESCRIPTION

The **Therapeutic Massage** program prepares students to provide relief and improved health and well-being to clients through the application of manual techniques for manipulating skin, muscles, and connective tissues. The **Therapeutic Massage** program includes instruction in Western (Swedish) massage, sports massage, myotherapy/trigger point massage, myofascial release, deep tissue massage, cranio-sacral therapy, reflexology, massage safety and emergency management, client counseling, practice management, applicable regulations, and professional standards and ethics.

The **Therapeutic Massage** program is designed and delivered as a coherent sequence of school-based and work-based supervised learning. The Professional Skills developed by business and industry leaders across Arizona are integrated throughout the program. The **Therapeutic Massage** students develop leadership, social, civic, and career skills through participation in the Career and Technical Student Organization HOSA (Future Health Professionals).

The **Therapeutic Massage** instructional program prepares students for entry-level employment, further training, and/or post-secondary education for these and other occupations: Licensed Massage Therapist and Licensed Medical Massage Therapist

INDUSTRY CREDENTIALS

Review the [Current CTE Credential List](#) for approved A-F CCR and are CTED eligible for the **Therapeutic Massage** instructional program.

COHERENT SEQUENCE

51.3501.10 - Therapeutic Massage I, **and**

51.3501.20 - Therapeutic Massage II, **and program may elect to add:**

51.3501.25- Therapeutic Massage III, **or**

51.3501.40 - Therapeutic Massage IV, **or**

51.3501.70 - Therapeutic Massage – DCE (Diversified Cooperative Education) **or**

51.3501.75 - Therapeutic Massage – Internship **or**

51.3501.80 - Therapeutic Massage – Cooperative Education

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TEACHER CERTIFICATION REQUIREMENTS

The instructor must be ADE/CTE certified in one of the following Certificates:

- SCTHC** Standard Career and Technical Education Health Careers
SSCTEHC Standard Specialized Career and Technical Education Health Careers

- Note:
- Therapeutic Massage 51.3501.70 (DCE) requires a CTE Teacher to have the Cooperative Education Endorsement (CEN).
 - Therapeutic Massage 51.3501.75 (Internship) does not require a CTE Teacher to have a Cooperative Education Endorsement (CEN).
 - Therapeutic Massage 51.3501.80 (Cooperative Ed.) requires CTE Teacher to be appropriately certified for the program and to have a Cooperative Education Endorsement (CEN).